

| Pl | Navn | Tid | | | | | | | | | | | | | | |
|--------------------|--------------------------------|------------|-----------------------------|-------------------------|--------------------------|----------------|----------------|----------------|----------------|-----------------|-----------------|-----------------|-----------------|------------------|------------------|-----------------|
| Svær 6 (19) | | | 6,1 km 16 P (forts.) | | | | | | | | | | | | | |
| | | | 1(151) 15(162) | 2(150) 16(157) | 3(146) Mål | 4(137) | 5(135) | 6(133) | 7(136) | 8(143) | 9(152) | 10(155) | 11(165) | 12(173) | 13(171) | 14(172) |
| 11 | Hans Jørgen Madse VIKING O | 1:23:39 | 2:46 2:46 1:20:01 | 5:02 2:16 1:21:40 | 9:20 4:18 1:23:39 | 21:15 11:55 | 24:10 2:55 | 26:01 1:51 | 28:33 2:32 | 40:55 12:22 | 45:41 4:46 | 51:15 5:34 | 56:48 5:33 | 1:05:50 9:02 | 1:13:45 7:55 | 1:16:26 2:41 |
| 12 | Jørn Bendtsen VIKING O | 1:23:44 | 2:27 2:27 1:19:59 | 4:03 1:36 1:21:34 | 8:02 3:59 1:23:44 | 20:42 12:40 | 24:02 3:20 | 25:53 1:51 | 28:19 2:26 | 40:51 12:32 | 46:34 5:43 | 52:13 5:39 | 57:41 5:28 | 1:05:58 8:17 | 1:13:41 7:43 | 1:16:20 2:39 |
| 13 | Frits Hansen VIKING O | 1:24:01 | 2:23 2:23 1:20:08 | 3:53 1:30 1:21:50 | 7:46 3:53 1:24:01 | 18:18 10:32 | 20:39 2:21 | 22:15 1:36 | 24:44 2:29 | 38:28 13:44 | 43:48 5:20 | 51:21 7:33 | 57:02 5:41 | 1:05:41 8:39 | 1:14:22 8:41 | 1:16:49 2:27 |
| 14 | Mogens Cordua VIKING O | 1:38:54 | 2:20 2:20 1:34:12 | 4:08 1:48 1:36:19 | 9:06 4:58 1:38:54 | 22:56 13:50 | 26:28 3:32 | 28:25 1:57 | 31:09 2:44 | 46:10 15:01 | 52:03 5:53 | 58:08 6:05 | 1:05:06 6:58 | 1:16:01 10:55 | 1:26:11 10:10 | 1:29:35 3:24 |
| 15 | Camilla Damkilde C VIKING O | 1:39:27 | 3:07 3:07 1:28:33 | 5:46 2:39 1:37:42 | 11:02 5:16 1:39:27 | 23:15 12:13 | 26:20 3:05 | 28:19 1:59 | 31:13 2:54 | 43:31 12:18 | 48:16 4:45 | 54:43 6:27 | 1:01:19 6:36 | 1:10:20 9:01 | 1:20:09 9:49 | 1:23:44 3:35 |
| 16 | Jens Ole Marcher VIKING O | 1:44:47 | 2:51 2:51 1:39:19 | 5:09 2:18 1:41:33 | 10:15 5:06 1:44:47 | 23:45 13:30 | 27:13 3:28 | 29:25 2:12 | 32:16 2:51 | 46:04 13:48 | 51:52 5:48 | 57:55 6:03 | 1:06:03 8:08 | 1:17:09 11:06 | 1:27:41 10:32 | 1:31:37 3:56 |
| | Bjarne Munkholm F VIKING O | Fejlk. | 2:33 2:33 1:20:13 | 4:06 1:33 1:22:01 | 7:53 3:47 1:24:06 | 18:45 10:52 | ----- 3:44 | 22:29 2:48 | 25:17 2:48 | 38:41 13:24 | 43:59 5:18 | 51:25 7:26 | 57:26 6:01 | 1:05:54 8:28 | 1:14:31 8:37 | 1:17:02 2:31 |
| | Gordon Johnson VIKING O | te startet | | | | | | | | | | | | | | |
| | Mads Larsen BPI | te startet | | | | | | | | | | | | | | |
| Svær 3 (4) | | | 2,9 km 10 P | | | | | | | | | | | | | |
| | | | 1(151) | 2(150) | 3(163) | 4(172) | 5(171) | 6(165) | 7(168) | 8(169) | 9(162) | 10(157) | Mål | | | |
| 1 | Leif Munch VIKING O | 53:46 | 3:41 3:41 | 6:36 2:55 | 15:05 8:29 | 18:31 3:26 | 22:30 3:59 | 28:33 6:03 | 36:49 8:16 | 40:58 4:09 | 48:55 7:57 | 51:14 2:19 | 53:46 2:32 | | | |
| 2 | Niils Pedersen VIKING O | 1:19:00 | 3:34 3:34 | 6:24 2:50 | 15:02 8:38 | 19:12 4:10 | 23:42 4:30 | 31:48 8:06 | 58:39 26:51 | 1:03:11 4:32 | 1:13:06 9:55 | 1:15:38 2:32 | 1:19:00 3:22 | | | |
| | Kurt Jørgensen VIKING O | Udgået | 3:37 3:37 | 6:28 2:51 | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | ----- ----- | 30:26 23:58 | | | |
| | Asger Munk VIKING O | te startet | | | | | | | | | | | | | | |
| Svær 12 (4) | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |

| Pl | Navn | Tid | | | | | | | | | | | | | | |
|--------------------|------|-----|----------|---|---|---|---|---|---|---|---|----|----|----|----|----|
| Svær 12 (4) | | | (forts.) | | | | | | | | | | | | | |
| | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |

| Mellemsvær 6 (8) | | | | | | | | | | | | | | | | | | | | |
|-------------------------|----------------------------|-------------------|----------------|----------------|----------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------|--|--|--|--|
| | | | | | | 5,5 km | | 16 P | | | | | | | | | | | | |
| | | | 1(161) | 2(163) | 3(172) | 4(171) | 5(169) | 6(165) | 7(166) | 8(153) | 9(152) | 10(143) | 11(144) | 12(145) | 13(148) | 14(150) | | | | |
| | | | 15(151) | 16(162) | Mål | | | | | | | | | | | | | | | |
| 1 | Louise Kowsky | 1:17:18 | 4:06 | 8:24 | 11:13 | 14:37 | 19:15 | 22:33 | 28:07 | 35:43 | 38:04 | 42:54 | 47:04 | 53:24 | 57:39 | 1:04:34 | | | | |
| | Gæst | | 4:06 | 4:18 | 2:49 | 3:24 | 4:38 | 3:18 | 5:34 | 7:36 | 2:21 | 4:50 | 4:10 | 6:20 | 4:15 | 6:55 | | | | |
| | | | 1:08:05 | 1:14:04 | 1:17:18 | | | | | | | | | | | | | | | |
| | | | 3:31 | 5:59 | 3:14 | | | | | | | | | | | | | | | |
| 2 | Benedikte Hansen | 1:37:40 | 3:43 | 10:52 | 14:15 | 18:29 | 23:07 | 28:20 | 34:10 | 41:51 | 45:16 | 53:13 | 58:12 | 1:06:17 | 1:11:53 | 1:20:59 | | | | |
| | VIKING O | | 3:43 | 7:09 | 3:23 | 4:14 | 4:38 | 5:13 | 5:50 | 7:41 | 3:25 | 7:57 | 4:59 | 8:05 | 5:36 | 9:06 | | | | |
| | | | 1:25:46 | 1:33:31 | 1:37:40 | | | | | | | | | | | | | | | |
| | | | 4:47 | 7:45 | 4:09 | | | | | | | | | | | | | | | |
| 3 | Adriana Tyszkiewicz | 1:43:39 | 8:56 | 20:27 | 28:03 | 33:01 | 36:20 | 40:24 | 43:55 | 50:44 | 53:08 | 58:06 | 1:05:29 | 1:14:02 | 1:21:15 | 1:28:32 | | | | |
| | Gæst | | 8:56 | 11:31 | 7:36 | 4:58 | 3:19 | 4:04 | 3:31 | 6:49 | 2:24 | 4:58 | 7:23 | 8:33 | 7:13 | 7:17 | | | | |
| | | | 1:31:18 | 1:40:10 | 1:43:39 | | | | | | | | | | | | | | | |
| | | | 2:46 | 8:52 | 3:29 | | | | | | | | | | | | | | | |
| 4 | Henrik Espersen | 1:51:08 | 4:02 | 11:23 | 14:23 | 18:34 | 23:58 | 28:57 | 34:06 | 41:55 | 45:27 | 54:00 | 1:00:43 | 1:10:15 | 1:16:29 | 1:28:22 | | | | |
| | VIKING O | | 4:02 | 7:21 | 3:00 | 4:11 | 5:24 | 4:59 | 5:09 | 7:49 | 3:32 | 8:33 | 6:43 | 9:32 | 6:14 | 11:53 | | | | |
| | | | 1:31:59 | 1:46:41 | 1:51:08 | | | | | | | | | | | | | | | |
| | | | 3:37 | 14:42 | 4:27 | | | | | | | | | | | | | | | |
| | Folmer Dahl | Fejlk. | 4:13 | 22:43 | 27:00 | 40:05 | 46:44 | 51:29 | 1:00:20 | 1:09:50 | 1:12:53 | 1:19:43 | 1:26:23 | ----- | ----- | ----- | | | | |
| | VIKING O | | 4:13 | 18:30 | 4:17 | 13:05 | 6:39 | 4:45 | 8:51 | 9:30 | 3:03 | 6:50 | 6:40 | | | | | | | |
| | | | 1:38:08 | 1:48:43 | 1:52:53 | | | | | | | | | | | | | | | |
| | | | 11:45 | 10:35 | 4:10 | | | | | | | | | | | | | | | |
| | Kjeld Holm Hansen | Udgået | 5:03 | 11:40 | 27:07 | 40:22 | 47:06 | 51:56 | 1:00:39 | 1:11:53 | 1:16:21 | ----- | 1:42:23 | ----- | ----- | ----- | | | | |
| | VIKING O | | 5:03 | 6:37 | 15:27 | 13:15 | 6:44 | 4:50 | 8:43 | 11:14 | 4:28 | ----- | 26:02 | | | | | | | |
| | | | ----- | ----- | 1:51:48 | | | | | | | | | | | | | | | |
| | | | 9:25 | | | | | | | | | | | | | | | | | |
| | Katrine Holst | Udgået | 31:43 | 42:26 | 46:07 | 1:16:44 | 1:23:07 | 1:29:15 | 1:38:05 | 1:48:39 | 1:56:04 | ----- | ----- | ----- | ----- | ----- | | | | |
| | VIKING O | | 31:43 | 10:43 | 3:41 | 30:37 | 6:23 | 6:08 | 8:50 | 10:34 | 7:25 | | | | | | | | | |
| | | | ----- | ----- | | | | | | | | | | | | | | | | |
| | Malthe Thøgersen | se startet | | | | | | | | | | | | | | | | | | |
| | VIKING O | | | | | | | | | | | | | | | | | | | |

| Let 4 (2) | | | | | | | | | | | | | | | | | | | | |
|------------------|---------------------------|--------------|-------------|-------------|-------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|--|--|--|--|
| | | | | | | 3,2 km | | 12 P | | | | | | | | | | | | |
| | | | 1(149) | 2(141) | 3(140) | 4(142) | 5(147) | 6(160) | 7(161) | 8(164) | 9(170) | 10(167) | 11(156) | 12(158) | Mål | | | | | |
| 1 | Marlene Marker-Bey | 43:23 | 2:30 | 6:32 | 8:29 | 10:17 | 13:32 | 17:25 | 21:25 | 27:08 | 31:43 | 34:01 | 36:30 | 41:27 | 43:23 | | | | | |
| | Gæst | | 2:30 | 4:02 | 1:57 | 1:48 | 3:15 | 3:53 | 4:00 | 5:43 | 4:35 | 2:18 | 2:29 | 4:57 | 1:56 | | | | | |
| 2 | Walter Munch Hans | 56:10 | 1:28 | 7:25 | 9:55 | 13:01 | 18:53 | 24:03 | 29:15 | 35:57 | 40:52 | 43:54 | 46:52 | 54:19 | 56:10 | | | | | |
| | VIKING O | | 1:28 | 5:57 | 2:30 | 3:06 | 5:52 | 5:10 | 5:12 | 6:42 | 4:55 | 3:02 | 2:58 | 7:27 | 1:51 | | | | | |