

Fredens  
Overall I  
May 28,  
tidstagn

Kvinder 5 km

Pos	Navn	Klub/by	Netto Tid	brutto Tid
1	Anne- Sophie Eriksen	Farum	18:59.2	19:02.6
2	Emma Engel Nielsen		19:03.2	19:06.1
3	Amanda Grønning	BAC	19:07.4	19:10.1
4	Rie Kjær		19:31.7	19:34.9
5	Sussi Marker		20:17.4	20:20.5
6	Anette Bidstrup		20:39.2	20:42.6
7	Laura Hulgaard	Viking	21:06.4	21:10.0
8	Susanne Thorsen	Toyota Bornholm	21:12.0	21:15.4
9	Connie Vinkel	TIF	21:20.4	21:23.8
10	Charlotte Westh Nielsen	SÅN	21:31.8	21:37.5
11	Annette R. Petersen		21:42.6	21:47.9
12	Cathrine Buchar Hansen	Svaneke	21:50.9	21:57.8
13	Nanna Vibe Sode		22:04.7	22:14.7
14	Kate Petersen		22:27.1	22:37.7
15	Katharina Heindl	TSG-SZ Leutkirc	22:31.9	22:35.0
16	Julie Buchardt Thye	KBH	22:33.9	22:42.0
17	Helle Kowsky		22:40.7	22:48.4
18	Hanne Funch	Åkirkeby	22:45.3	22:51.3
19	Birgitte Fillipsen		23:00.6	23:08.0
20	Masja Juel		23:00.9	23:11.4
21	Henriette Andersen		23:06.1	23:13.9
22	Else Jørgensen	Viking	23:08.5	23:20.0
23	Ditte Sørensen	Viking	23:14.8	23:26.0
24	Ulla Nielsen		23:17.4	23:23.7
25	Bente Sørensen		23:19.0	23:28.7
26	Helle Hansen	Viking Atletik	23:20.0	23:29.6
27	Pernille Kofod		23:26.7	23:41.7
28	Kathri Marcussen	Viking Atletik	23:30.3	23:45.1
29	Karen Kyndesen		23:35.1	23:49.0
30	Conny Hansen	Viking	23:37.1	23:46.2
31	Anette Edvardsen	TIF	23:49.4	24:01.0
32	Camilla Frederiksen		23:49.5	23:55.0
33	Kirsten Batz	Rønne	23:51.1	24:00.0
34	Martine Andersen		23:55.5	24:04.1
35	Ditte Johansen		23:57.6	24:11.6
36	Gitte Sloth	Poulsker	24:01.3	24:09.9
37	Trine Arvidsen		24:02.3	24:19.2
38	Lisbet Werenberg		24:12.6	24:23.0
39	Katrine M. Hansen	Wellness Club	24:17.1	24:20.8
40	Gunva Kristensen		24:24.7	24:32.7
41	Gitte Marker	Rønne	24:26.1	24:36.6
42	Merete Marquardsen		24:34.7	24:46.2
43	Annette Klint Kofod	Degnemoseløbere	24:38.2	24:52.8
44	Maria Lehim		24:39.9	24:54.9
45	Heidi Larsen		24:42.5	24:51.0
46	Lissi Nielsen		24:55.8	25:08.4
47	Bente Dam Hansen	Allinge	24:59.2	25:15.7
48	Carita Widen		25:00.8	25:15.1

49	Helle Fredensborg		25:04.0	25:13.1
50	Jette Jensen	SAAN	25:05.9	25:14.4
51	Pia Tineø		25:07.9	25:14.7
52	Signe Jensen		25:08.3	25:15.3
53	Karina Sørensen		25:16.8	25:32.3
54	Charlotte Bjørnhof		25:18.5	25:30.9
55	Lene Bloch	ØB	25:19.6	25:39.9
56	Marie Fobian Jensen		25:20.2	25:28.6
57	Bettina Hansen		25:22.1	25:35.7
58	Matilde Krahl		25:23.4	25:44.7
59	Kirsten Hansen		25:27.0	25:43.6
60	Lisbeth Dam	Viking	25:28.4	25:43.6
61	Katrine Jensen		25:28.7	25:48.1
62	Charlotte Krahl		25:28.8	25:51.0
63	Helle Møller Olsen	SÅN	25:32.1	25:45.5
64	Rie Nielsen		25:44.5	26:03.1
65	Majbritt Olesen	Rønne	25:55.0	26:08.1
66	Baiba Hedegaard	Aakirkeby	26:07.8	26:27.5
67	Karina Espersen		26:10.0	26:22.8
68	Gitte Dalsgaard	Rønne	26:16.1	26:27.9
69	Line Anker	Allinge	26:18.1	26:26.1
70	Vera Arvidsen		26:18.9	26:36.0
71	Jannie Burmeister		26:19.7	26:33.8
72	Lisbeth Jensen	Rønne	26:22.1	26:33.8
73	Stine Flade	Viking	26:22.6	26:35.6
74	Gitte Hagelskjer Swart		26:24.2	26:39.5
75	Linda Mogensen		26:31.4	26:43.8
76	Lone Steen Bech		26:36.8	26:51.3
77	Bonnie B. Hedesmann	Allinge	26:37.1	26:58.3
78	Lene Jensen		26:41.3	26:59.9
79	Katrine W. S. Nielsen	Aarsballe	26:52.1	27:02.8
80	Birgitte Rost Kjær		26:58.6	27:11.7
81	Anne-Mari Hansen	ØB	27:00.0	27:07.9
82	Camilla Pedersen		27:07.2	27:30.6
83	Anette Olesen	Nyvest	27:09.1	27:20.5
84	Sisse Skovgaard	BCC	27:10.6	27:26.0
85	Britta Kaltoft	Viking	27:22.1	27:39.5
86	Tina Dahl		27:26.8	27:42.7
87	Laila Kofoed		27:28.3	27:39.2
88	Lotte Buhl	Rønne	27:29.9	27:53.1
89	Grethe Juul Andreasen	Viking	27:36.3	27:48.5
90	Lene Storm		27:40.0	28:02.8
91	Ingrid Jensen	Viking	27:40.4	27:54.3
92	Malene C. Jensen	TIF	27:41.2	27:59.0
93	Else Færge		27:55.1	28:11.8
94	Lone Glud	SAAN	27:55.9	28:12.1
95	Hanne Landberg		27:57.0	28:10.8
96	Lene Grønning	Rønne	28:08.3	28:24.6
97	Birthe Kristensen		28:16.7	28:31.9
98	Maiken Sonne Holst		28:26.7	28:46.5
99	Britta Dunker	Aakirkeby	28:33.4	28:54.5
100	Rikke Andersen	Rønne	28:35.5	28:51.5
101	Birgitte Dam Hansen		28:37.8	28:53.5
102	Linda Andersen		28:45.1	29:04.6
103	Lis Mona Jensen		28:57.2	29:17.7
104	Jannie Loeb		29:17.9	29:31.9

105	Jane Jakobsen	Allinge	29:18.7	29:37.8
106	Gitte Pelle Hansen		29:21.5	29:36.2
107	Mie Munch Jørgensen		29:25.8	29:36.5
108	Irene Pedersen		29:26.5	29:41.8
109	Jeanette Werner		29:33.4	29:47.1
110	Pia Ranneries		29:38.8	29:54.5
111	Anni Due		29:44.8	30:02.5
112	Helene Kjær- Andersen	Rønne	30:03.1	30:10.7
113	Stella Dahl Hansen		30:03.1	30:25.2
114	Else Marie Elleby		30:06.0	30:24.0
115	Lis Eilsøe		30:12.0	30:35.0
116	Marie Steen Møller	Rønne	30:12.1	30:35.1
117	Lillian Holm Ipsen		30:19.9	30:36.3
118	Lotte Sommer Moberg		30:21.5	30:44.6
119	Jytte Sonne		30:27.8	30:44.9
120	Lene Frigaard	ASG	30:39.9	31:01.0
121	Ingefred Svensson		30:49.3	31:02.7
122	Sanne M. Jensen	Viking	30:58.2	31:20.5
123	Marit Paldan	Viking	31:02.6	31:25.6
124	Gitte Kristensen		31:17.6	31:34.4
125	Birgitte Nielsen		31:20.5	31:30.8
126	Susie Jørgensen		31:33.7	31:52.6
127	Henriette Bell	Rønne	31:33.8	31:51.7
128	Katja Rasmussen		31:42.3	32:05.2
129	Susanne Kofoed Blomquist	TIF	31:47.8	32:11.0
130	Margit Kjøller		31:53.1	32:11.8
131	Lisbeth Bjørnsen		32:05.5	32:22.9
132	Annika Petersen		33:00.0	33:13.5
133	Dorte Holm		33:38.3	34:02.2
134	Jeanette Rosendahl		33:53.4	34:08.8
135	Gunna Jensen		34:24.5	34:50.1
136	Sus Elisabeth Nielsen		35:43.4	36:08.2
137	Dorthe Christensen	Snogebæk	35:45.5	36:07.8
138	Tina Holmgaard Rasmussen	Åkirkeby	35:51.6	36:13.9
139	Susanne Jensen		36:30.1	36:54.1
140	Christina Jensen		36:57.2	37:23.0
141	Lisa Landt Ibsen		37:40.9	38:06.0
142	Majbritt Nielsen		37:52.6	38:15.0

#### Mænd 5 km

Pos	Navn	Klub/by	Netto Tid	brutto Tid
1	Jeppe Friis Henriksen	Viking Atletik	16:03.3	16:05.1
2	Mathias Kristensen	Wellness Club	16:09.7	16:11.4
3	Alex Mogensen		16:31.7	16:33.2
4	Jacob Schiøtt	Viking	16:36.8	16:39.1
5	Kjetil Havstein	BRSB IF	16:40.2	16:42.1
6	Matthias Albrecht	WSB Oberhof 05e	16:47.6	16:47.6
7	Jannich Marker		17:00.0	17:01.6
8	Teddy Hansen	Viking Atletik	17:01.8	17:03.7
9	Frederik Juul Christensen		17:18.6	17:20.5
10	Frank Kjeldsen		17:30.2	17:31.6
11	Henrik Krak	Sparta	17:38.7	17:40.7
12	Renè Falandusz		17:44.3	17:46.2
13	Christian Schou		17:49.9	17:52.1
14	Ulf Pedersen		17:54.4	17:56.7

15	Mickias Kristensen		17:56.9	18:00.7
16	René Hansen	BRK	18:19.5	18:21.9
17	Niels Erlandsen	Viking Florball	18:21.0	18:23.3
18	Carsten Vinkel	TIF	18:25.1	18:28.2
19	Søren Clausen		18:36.9	18:39.6
20	Kasper Jensen		18:47.6	18:50.3
21	Lasse Votborg Novél	BRSB IF	18:52.2	18:59.1
22	Jesper Markussen	Nyvest	18:54.2	18:56.3
23	Frederik Johansen		19:13.7	19:16.4
24	Jens Jørgen Munceh		19:15.7	19:19.9
25	Claus Munch Jørgensen		19:18.6	19:21.8
26	Anders Sørensen	Viking	19:23.7	19:34.4
27	Steffen Lund Andersen		19:24.0	19:28.1
28	Kim Holm	Melsted	19:28.2	19:31.5
29	Anders Nielsen		19:29.8	19:35.1
30	Rene Jensen		19:33.8	19:37.3
31	Michael Kragbæk	Brønshøj	19:39.7	19:47.0
32	Niels-Ulrik Jørgensen	BRK	19:44.5	19:48.0
33	Bo Sonne	BRSB IF	19:46.9	19:51.8
34	Heine Larsen		19:51.6	19:54.8
35	Nikolaj Krathma Holm	Viking	19:57.8	20:02.8
36	Birger Larsen	SÅN	19:59.4	20:03.5
37	Anders Jørgensen		20:01.5	20:06.1
38	Rene Laursen	Viking	20:03.3	20:10.0
39	Mikkel Jenne Mortensen		20:04.6	20:10.3
40	Mathias Bjørnhof	Rønne	20:04.6	20:11.8
41	Emil Møller	Chelsea fc	20:06.2	20:13.7
42	Kim Ole Kowsky		20:11.6	20:15.7
43	Per Møller	Knudsker IF	20:12.2	20:19.8
44	Leo Skovgaard	Bh. Forsyning	20:13.2	20:17.2
45	Henrik Kofoed	Østerlars	20:14.5	20:21.5
46	Andreas Ibsen		20:21.3	20:27.1
47	Nikolaj Mortensen	Åkirkeby	20:29.2	20:33.7
48	Lars Westh	Rønne	20:30.8	20:34.9
49	Kim Ole Kofod	Nyvest	20:32.3	20:37.2
50	Carsten Niberg	Karamel Kompagn	20:35.3	20:41.9
51	Flemming Jensen		20:35.6	20:40.7
52	Finn Erik Bak		20:36.4	20:45.5
53	Jørn Kofoed	SÅN	20:37.1	20:41.5
54	jan Jensen		20:38.2	20:46.6
55	Lars-Jep Elleby		20:46.5	20:53.5
56	Mads Jensen	Rønne	20:47.4	20:54.1
57	Niels-Jørn Munch		20:47.5	20:51.9
58	Claus Gjerrild		20:53.1	21:02.7
59	Jesper Olsen	Rønne	20:54.4	21:00.0
60	Niels Thorsen	Nyvest	20:54.5	20:59.8
61	Kim Christensen		20:55.2	21:00.6
62	Mads Marker	Rønne	20:57.2	21:03.4
63	Niels Andersen		21:12.1	21:18.9
64	Martin Klausen	Rønne	21:16.6	21:26.5
65	Torben Pelle	Rønne	21:17.3	21:22.2
66	Nikolaj Ubagks		21:20.6	21:27.0
67	Steffen Anker	Sandvig	21:21.5	21:25.9
68	Mads Jensen	Rønne	21:21.8	21:30.4
69	Michael Andersen	TIF	21:23.5	21:29.2
70	Morten Tarp	Nyker	21:28.5	21:38.9

71	Jan Petersen	Mekonomen	21:31.1	21:41.3
72	Benny Holm		21:31.7	21:35.9
73	Marti Sode		21:33.7	21:39.7
74	Jørgen Petersen	ØB	21:36.7	21:42.8
75	Flemming Johansen	Tejn	21:37.8	21:42.9
76	Casper Andersen	København	21:40.5	22:02.2
77	Peter Friis Nielsen		21:43.9	21:52.8
78	Niels Christensen		21:54.0	22:02.5
79	Jonathan Rønne	Nyker	22:00.7	22:13.3
80	Frank Krogh Hansen		22:03.6	22:11.5
81	Henrik Jensen		22:05.7	22:14.2
82	Søren Kofoed	Dynamo Dong Røn	22:09.6	22:19.8
83	Povl Holm	RBTK	22:10.8	22:15.7
84	Søren Buhl	Rønne	22:11.1	22:27.2
85	Kenneth Jensen	Viking	22:12.8	22:25.1
86	Jørn Larsen		22:14.0	22:20.4
87	Birger Steenberg		22:16.8	22:22.9
88	Erling Krogh Hansen	Viking Atletik	22:17.6	22:23.9
89	Michael West		22:22.6	22:28.1
90	Anders Cort	Viking	22:28.1	22:37.8
91	Torben Pageis Nielsen		22:31.8	22:41.8
92	Viggo Andreas Andersen	Viking	22:35.3	22:47.5
93	Jørgen Ole Trasborg	Viking Atletik	22:36.7	22:46.6
94	Jens Martin Bach		22:39.1	22:48.3
95	Peter Munch		22:41.2	22:52.6
96	Carl Otto Toudal		22:55.1	23:06.1
97	Rasmus Olsen		22:55.4	23:14.6
98	Jean Lehim		22:55.7	23:10.3
99	Per Lund Hansen		23:00.9	23:18.5
100	Martin Brandt	Rønne	23:04.0	23:15.5
101	Finn Rønne		23:05.1	23:24.3
102	Jørgen Christensen		23:05.4	23:19.7
103	Kurt Rønne	Nyker	23:06.8	23:19.6
104	John Nielsen	Viking	23:09.2	23:21.1
105	Bo Steen Jensen	Viking	23:19.2	23:37.4
106	Kurt Nielsen		23:20.2	23:38.1
107	Uffe Jensen		23:27.8	23:36.8
108	Ole Boskov	Rønne	23:33.9	23:54.2
109	Claus Peter Christiansen	Rønne	23:36.1	23:44.1
110	Janus Node	Dagtilbud Vest	23:36.4	23:53.4
111	Hans Peter Pedersen		23:39.7	24:00.7
112	Ole Holm	Nexø	23:48.4	23:57.9
113	Anders Stender	Rønne	23:49.6	23:59.4
114	Jens Andersen		23:56.0	24:04.7
115	Jonas Westh	KBH	23:56.2	24:08.2
116	Brian Gulstad		24:03.2	24:12.6
117	Keld Lundsgaard Christens		24:23.6	24:31.1
118	Ramon Kornbro	Rønne	24:25.5	24:38.0
119	Martin Bell	Åkirkeby	24:30.4	24:52.1
120	Michael Sørensen		24:33.5	24:54.0
121	Michael Christensen	Nyvest	24:44.7	24:58.6
122	Kenn Pedersen		24:45.6	25:03.6
123	Tim Brandt		24:56.4	25:10.6
124	Flemming Thorsen	BVI	24:58.4	25:11.3
125	Martin Jensen		25:03.3	25:12.9
126	Ole Kofoed	Rønne	25:10.0	25:30.4

127	Christian Faurh Jeppesen	Rønne	25:11.0	25:23.2
128	Erwin Hansen		25:18.5	25:33.3
129	Lasse Tranberg		25:38.2	25:50.4
130	Arne Sørensen		25:38.8	25:59.3
131	Dan Andersen		25:45.6	25:56.4
132	Ole Riis		25:50.4	26:10.2
133	Birger Pilegaard	Viking	25:51.4	26:04.6
134	Ole M Petersen		26:00.9	26:18.1
135	Claus Landin	Rønne	26:23.4	26:41.9
136	Hans Jacob Møller Jensen		27:26.7	27:38.0
137	Konrad Mortensen	Åkirkeby	27:32.4	27:50.5
138	Frank Holm Hansen		27:47.2	28:08.8
139	Lars Gornitzka	ASG	28:04.8	28:21.4
140	Preben Mortensen	Viking	29:29.4	29:45.8
141	Palle Hansen	Aakirkeby	30:18.3	30:39.6
142	Jannik Pihl	Rønne	30:23.0	30:41.8
143	Brian H. Christensen	Snogebæk	30:57.1	31:21.0
144	Rene Rasmussen	Åkirkeby	31:08.2	31:32.5
145	Poul Ibsen		33:47.2	34:06.8
146	Per Boss Andersen		35:09.7	35:38.0
147	Mark Jensen		35:39.2	36:03.7
148	Joe Jensen		37:37.8	38:02.0



































































